

# RAINFOREST SUPPLY

PURVEYOR OF FINE SUPERFOODS

## Whole Blueberry Freeze Dried

Origin Chile, USA, Peru, China

Natural, Single Ingredient

Reviewed  
12/2025

<b>Ingredient</b>	Raw blueberry
<b>Process</b>	Freeze dried
<b>Moisture</b>	< 4%
<b>Color</b>	Typical blueberry
<b>Flavor</b>	Up to standard
<b>Sterilization</b>	None, not sterilized by fumigation nor irradiation
<b>Availability</b>	Inventory is kept at warehouse in South Florida
<b>Shelf Life</b>	12 months
<b>Packaging</b>	0.5 lb, 3 lb and 11 lb bags, retail and bulk sizes available complying with international standards

<b>Nutrition Facts</b>	
<b>Serving Size</b>	100 grams (100 g)
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>300</b>
	<b>% Daily Value *</b>
<b>Total Fat</b> 2.6g	<b>3%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 65.3g	<b>24%</b>
Dietary Fiber 22.7g	<b>81%</b>
Total Sugars 54.6g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 3.8g	<b>8%</b>
Vitamin D 0mcg	0%
Calcium 185mg	14%
Iron 1.93mg	11%
Potassium 0mg	0%
Vitamin A 16mcg	2%
Vitamin C 58mg	64%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

100% Real. Absolutely & irrefutably natural. No hidden sugars, substitute sugars, fillers, gums, artificial flavors or petroleum based food dyes. We find, qualify, and supervise all of our suppliers to offer the best quality and value. Verifying certifications as well as claims, traceability, food safety, tracking harvesting dates, reviewing processes, and being vigilant on storage while continually auditing and spot-checking to keep our quality consistent. Rainforest Supply and its facilities are registered with the U.S. FDA pursuant to the Federal Food Drug and Cosmetics Act. References to the rainforest are thematic, all of our products are sustainably and ethically sourced.

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