

## Quinoa Powder

Origin Bolivia, Ecuador or Peru  
Natural, Single Ingredient

Reviewed  
10/2025

Ingredient	Quinoa
Process	Air dried
Fineness	95% passes Mesh No. 40
Moisture	< 10%
Color	Beige
Flavor	Up to standard
Sterilization	None, not sterilized by fumigation nor irradiation
Availability	Inventory is kept at warehouse in South Florida
Shelf Life	12 months
Packaging	2 lb, 5 lb and 11 lb bags, retail and bulk sizes available complying with international standards

## Nutrition Facts

Serving Size	100 grams (100 g)
Amount Per Serving	
<b>Calories</b>	<b>372</b>
	% Daily Value *
Total Fat 3.47g	4%
Saturated Fat 0.4g	2%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 32.7mg	1%
Total Carbohydrate 70.9g	26%
Dietary Fiber 7.32g	26%
Total Sugars 2.5g	
Includes 0g Added Sugars	0%
Protein 14.32g	29%
Vitamin D 0mcg	0%
Calcium 79.74mg	6%
Iron 5.56mg	31%
Potassium 600.28mg	13%
Vitamin C 4.75mg	5%
Vitamin E 3.15mg	21%
Riboflavin 0.32mg	25%
Niacin 1.96mcg NE	12%
Vitamin B6 0.29mg	17%
Magnesium 200.45mg	48%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

100% Real. Absolutely & irrefutably natural. No hidden sugars, substitute sugars, fillers, gums, artificial flavors or petroleum based food dyes. We find, qualify, and supervise all of our suppliers to offer the best quality and value. Verifying certifications as well as claims, traceability, food safety, tracking harvesting dates, reviewing processes, and being vigilant on storage while continually auditing and spot-checking to keep our quality consistent. Rainforest Supply and its facilities are registered with the U.S. FDA pursuant to the Federal Food Drug and Cosmetics Act. References to the rainforest are thematic, all of our products are sustainably and ethically sourced.

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