



Uses & Flavor Profile of Powdered Ingredients  
Revised 1/2023

Sizes	Ingredient	Secondary	Flavor	Breakfast	Ice-cream	Meal	Warm	Craft &	Alcoholic	Baking	Toppings	Snacks	Sauces &	Jelly, Jam	Soups	Cannabis	Additional Uses, Notes & Observations
		Ingredient	Profile	Smoothie	or Sorbet	Shake	Beverages	Microbrewery					Glaze	Preserves, Chutney		Flavoring	
Soz, 2 lb., 5 lb. 11 lb.	Black Carrot Powder	None	Sweet	Vitamins	X	Vitamins	Toddy, Tea	Flavor	Infuse, Rim Glass	Various	Yogurt, Salad, Pancakes	Bars, Balls, Cookies	Reduction, Sauce, Glaze	X		X	Purple mashed potatoes or purple puree, exotic flavor for pesto
Soz, 2 lb., 5 lb. 11 lb.	Blackberry Powder	None	Sweet	Flavor	X	Flavor	Toddy, Tea	Flavor	Infuse, Rim Glass	Various	Yogurt, Salad, Parfait	Bars, Balls, Cookies	Reduction, Sauce, Glaze	X		X	Create a drizzle or a puree
Soz, 2 lb., 5 lb. 11 lb.	Blueberry Powder	None	Sweet	Flavor	X	Flavor	Toddy, Tea	Flavor	Infuse, Rim Glass	Various	Yogurt, Salad, Parfait	Bars, Balls, Cookies	Reduction, Sauce, Glaze	X		X	Create a drizzle or a puree
Soz, 2 lb., 5 lb. 11 lb.	Cacao Powder	None	Savory Bitter	Flavor		Flavor	Coffee, Various	Flavor	Infuse, Rim Glass	Various	Yogurt, Salad, Parfait	Bars, Balls, Cookies					Dry rub, sugar free desserts, sprinkle on fruit
Soz, 2 lb., 5 lb. 11 lb.	Calafate Powder	None	Bitter Sweet	Flavor	X	Flavor	Toddy, Tea	Bitter	Infuse, Rim Glass	Various	Yogurt, Salad, Parfait	Bars, Balls, Cookies	Reduction, Sauce, Glaze	X		X	Create a drizzle or a puree
Soz, 2 lb., 5 lb. 11 lb.	Camu Camu Powder	None	Sour Sweet	Flavor	X	Flavor		Flavor	Infuse, Rim Glass	Various	Yogurt, Salad, Parfait	Bars, Balls, Cookies		X		X	Camu camu curry, camu camu and cashew cream
Soz, 2 lb., 5 lb. 11 lb.	Citrus Fiber Powder	None	Bitter Bland	Fiber		Fiber			Infuse, Rim Glass	Various	Yogurt, Salad, Parfait	Bars, Balls, Cookies			Thickener		Pith, some bakers may find too bitter for bread
Soz, 2 lb., 5 lb. 11 lb.	Coarse Oat Powder	None	Mildly Sweet	Flavor		Flavor			Infuse, Rim Glass	Various	Yogurt, Salad, Parfait	Bars, Balls, Cookies					Texturizing
Soz, 2 lb., 5 lb. 11 lb.	Cranberry Powder	None	Sweet	Flavor	X	Flavor	Toddy, Tea	Flavor	Infuse, Rim Glass	Various	Yogurt, Salad, Parfait	Bars, Balls, Cookies	Reduction, Sauce, Glaze	X		X	Create a drizzle or a puree
Soz, 2 lb., 5 lb. 11 lb.	Date Powder	None	Sweet	Sweetener	X	Sweetener	Coffee, Various	Sweetener	Infuse, Rim Glass	Various	Yogurt, Salad, Parfait	Bars, Balls, Cookies				X	Flavoring pork, date + blue cheese + pancetta polenta stacks
Soz, 2 lb., 5 lb. 11 lb.	Grapefruit Peel Powder	None	Bitter	Fiber		Fiber		Bitter	Infuse, Rim Glass	Various	Yogurt, Salad, Parfait	Bars, Balls, Cookies			Thickener		Zest and Pith, some bakers may find too bitter for bread
Soz, 2 lb., 5 lb. 11 lb.	Green Banana Powder	None	Bitter Starchy	Starch		Starch						Bars, Balls, Cookies			Thickener		Ideal for raw and gluten free baking, no grain flour
Soz, 2 lb., 5 lb. 11 lb.	Green Plantain Powder	None	Bitter Starchy	Starch		Starch	Collate			Various		Bars, Balls, Cookies			Thickener		Ideal for raw and gluten free baking, no grain flour
Soz, 2 lb., 5 lb. 11 lb.	Lemon Peel Powder	None	Bitter	Fiber		Fiber		Bitter	Infuse, Rim Glass	Various	Yogurt, Salad, Parfait	Bars, Balls, Cookies			Thickener		Zest and Pith, some bakers may find too bitter for bread
Soz, 2 lb., 5 lb. 11 lb.	Lime Peel Powder	None	Bitter	Fiber		Fiber		Bitter	Infuse, Rim Glass	Various	Yogurt, Salad, Parfait	Bars, Balls, Cookies			Thickener		Zest and Pith, some bakers may find too bitter for bread
Soz, 2 lb., 5 lb. 11 lb.	Lucuma Powder	None	Sweet	Flavor	X	Flavor	Toddy, Tea	Flavor	Infuse, Rim Glass	Various	Yogurt, Salad, Parfait	Bars, Balls, Cookies		X		X	Create a drizzle or a puree
Soz, 2 lb., 5 lb. 11 lb.	Maca Powder	None	Savory Bitter	Flavor	X	Flavor			Infuse, Rim Glass	Various	Yogurt, Salad, Parfait	Bars, Balls, Cookies		X	Thickener	X	Add flavor to granola, pudding, maca hummus
Soz, 2 lb., 5 lb. 11 lb.	Moringa Powder	None	Earthy, Mild Spice, Horseradish	Fiber	X	Fiber	Latte, Tea	Flavor	Infuse, Rim Glass	Various	Yogurt, Salad, Parfait	Bars, Balls, Cookies				X	Dips, hummus, savory dishes like dal recipes and flavor for dosa, fish and meat flavoring
Soz, 2 lb., 5 lb. 11 lb.	Murta Powder	None	Sweet	Flavor	X	Flavor	Toddy, Tea	Flavor	Infuse, Rim Glass	Various	Yogurt, Salad, Parfait	Bars, Balls, Cookies	Reduction, Sauce, Glaze	X		X	Create a drizzle or a puree
Soz, 2 lb., 5 lb. 11 lb.	Orange Peel Powder	None	Bitter	Fiber		Fiber		Bitter	Infuse, Rim Glass	Various	Yogurt, Salad, Parfait	Bars, Balls, Cookies				Thickener	Zest and Pith, some bakers may find too bitter for bread
Soz, 2 lb., 5 lb. 11 lb.	Organic Acai Powder	None	Earthy, Savory	Vitamins	X	Vitamins	Toddy, Tea	Flavor	Infuse, Rim Glass	Various	Yogurt, Salad, Parfait	Bars, Balls, Cookies		X	Frozen Bowl	X	Latte, bowls, parfait, granolas
Soz, 2 lb., 5 lb. 11 lb.	Organic Maqui Powder	None	Sweet, Mildly Tart	Vitamins	X	Vitamins	Toddy, Tea	Flavor	Infuse, Rim Glass	Various	Yogurt, Salad, Parfait	Bars, Balls, Cookies		X		X	Flavoring and coloring in vinaigrette, salsa and beans
Soz, 2 lb., 5 lb. 11 lb.	Organic Rosehips	None	Mildly Sweet	Vitamins	X	Vitamins	Toddy, Tea	Flavor	Infuse, Rim Glass	Various	Yogurt, Salad, Parfait	Bars, Balls, Cookies		X	Cold Soup	X	Kombucha, infusions, syrups, and tonics
Soz, 2 lb., 5 lb. 11 lb.	Panela Powder	None	Sweet	Sweetener	X	Sweetener	Coffee, Various	Sweetener	Infuse, Rim Glass	Various	Yogurt, Salad, Parfait	Bars, Balls, Cookies				X	Add to savory recipes, replaces brown sugar, canelazo, panela mole sauce
Soz, 2 lb., 5 lb. 11 lb.	Pineapple Powder	None	Sweet, Tart	Flavor	X	Flavor	Toddy, Tea	Flavor	Infuse, Rim Glass	Various	Yogurt, Salad, Parfait	Bars, Balls, Cookies		X		X	Soften meats, beef jerky tenderizer
Soz, 2 lb., 5 lb. 11 lb.	Plum Powder	1% Chicory	Sweet	Flavor	X	Flavor	Toddy, Tea	Flavor	Infuse, Rim Glass	Various	Yogurt, Salad, Parfait	Bars, Balls, Cookies	Reduction, Sauce, Glaze	X		X	Plum chutney, plum ginger relish, flavoring for porridge, flavoring porkchops
Soz, 2 lb., 5 lb. 11 lb.	Raspberry Powder	None	Sweet	Flavor	X	Flavor	Toddy, Tea	Flavor	Infuse, Rim Glass	Various	Yogurt, Salad, Parfait	Bars, Balls, Cookies	Reduction, Sauce, Glaze	X		X	Create a drizzle or a puree
Soz, 2 lb., 5 lb. 11 lb.	Red Apple Powder	None	Sweet	Flavor	X	Flavor	Toddy, Tea	Flavor	Infuse, Rim Glass	Various	Yogurt, Salad, Parfait	Bars, Balls, Cookies		X		X	Fillings, creams, apple cream cheese dip, apple and spice hummus
Soz, 2 lb., 5 lb. 11 lb.	Red Dragon Fruit Powder	1% Cassava	100%	Mild Laxative	X	Mild Laxative	Toddy, Tea	Flavor	Infuse, Rim Glass	Various	Yogurt, Salad, Parfait	Bars, Balls, Cookies		X		X	Create a drizzle or a puree
Soz, 2 lb., 5 lb. 11 lb.	Ripe Banana Powder	None	Sweet	Flavor	X	Flavor		Flavor	Infuse, Rim Glass	Various	Yogurt, Salad, Parfait	Bars, Balls, Cookies		X		X	Create a puree
Soz, 2 lb., 5 lb. 11 lb.	Ripe Mango Powder	None	Sweet	Flavor	X	Flavor	Toddy, Tea	Flavor	Infuse, Rim Glass	Various	Yogurt, Salad, Parfait	Bars, Balls, Cookies		X		X	Create a drizzle or a puree
Soz, 2 lb., 5 lb. 11 lb.	Sacha Inchi Powder	None	Earthy	Protein Source		Protein Source				Various	Yogurt, Salad, Parfait	Bars, Balls, Cookies					Dairy free protein, soy free protein
Soz, 2 lb., 5 lb. 11 lb.	Strawberry Powder	None	Sweet	Flavor	X	Flavor	Toddy, Tea	Flavor	Infuse, Rim Glass	Various	Yogurt, Salad, Parfait	Bars, Balls, Cookies		X		X	Create a drizzle or a puree